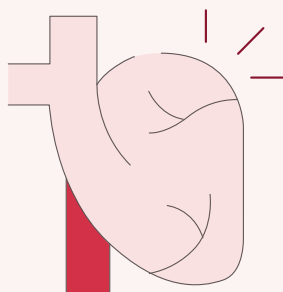


COULD IT BE HCM?



Hypertrophic Cardiomyopathy (HCM)

is a disease that affects the structure and functioning of the heart and can lead to other serious health conditions.^[1]

KNOW THE SYMPTOMS



Shortness
of breath

Rapid
heartbeat or
palpitations



Chest pain

Dizziness

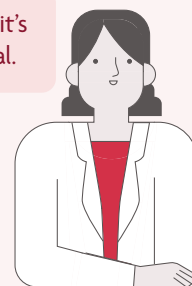


Fainting



Unexplained
tiredness

If you experience any of these symptoms, it doesn't necessarily mean you have HCM, but it's a good idea to see a doctor. An HCM diagnosis can only be made by a medical professional.



UNDERSTAND YOUR

FAMILY HISTORY

HCM is often passed on through families. If one of your parents has HCM, there's a 50% chance you might have it too.^[1]

Knowing your family history can assist your doctor in identifying any risk factors.

If you are diagnosed with HCM, sharing this information with your family can be important for their health.

If you experience any new or worsening symptoms, it's important to talk to your doctor for an accurate diagnosis.

GET THE SUPPORT YOU NEED



Visit the Canadian **Could it be HCM?** website for more information, patient stories and links to Canadian patient organizations.

Scan the QR code to visit the Canadian **Could It be HCM?** website for more information and helpful resources on HCM

